

A M E R I C A N CAREERS[®] INTEREST INVENTORY

Discover a Good Career for You!

Don't worry if you're not sure about what you want to do for a career. A lot of people wonder the same thing. But determining what careers you might really enjoy is easier than you think. The first step is to identify what sorts of things you like to do.

Simple career assessments like the one that begins on the next page can help you discover jobs that fit your interests and personality. After you've taken the quiz, consider the results. Do they fit with your interests?

Share the results with your family, teachers and school counselor to see what they think. They can make suggestions and help you create a plan to achieve a career that fits your personality and interests.

Getting started is easy. Simply follow these four steps:

1 Take an inventory of your interests.

You like some activities better than others, right? Read through the list of activities on page 2 and check the ones that interest you.

2 Add up your scores.

As you total your results in part 2, you'll begin to see a "career personality" emerge. It's important to consider your career personality when planning for a future career.

3 Evaluate yourself.

Once you've completed part 3, you may discover that you have more than one career personality. That's okay. Most people do.

4 Think about the future.

In part 4, on pages 4-6, you will find careers related to your career personality. Don't worry or think you're limited solely to jobs within your career personality. For example, if you're a social person with an interest in "Health Services," check out health services career options within the other career personality types. You might be surprised at your career options.

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